

Centenary Telegram

DECEMBER, 1995

STONEHOUSE HOSPITAL SHOWS ITS AGE

On the 9th January, 1896 Stonehouse Hospital was officially opened. This event was marked by a soiree involving the local worthies of the time, and as befits such an occasion it was covered by the Hamilton Advertiser. For your interest (and amusement) we have quoted the 1896 article below.

"On the Friday evening prior to the opening the Parish Councillors interested met in the premises, and were entertained by the committee to a social tea, having previously been shown through the different wards. County Councillor Templeton, chairman of the sub-committee presided and, in a short and appropriate address, said he was pleased to preside over an assembly comprising the County Councillors, Parish Representatives, and the Parish Councillors of Avondale, East Kilbride, Glassford, Stonehouse and Dalsersf, along with the architect, the tradesmen, and other officials connected with the building of the hospital.

County Councillor Barr, (East Kilbride), in an able speech set forth the merits of the hospital - the pleasure it gave him to see so many taking an interest in it, the careful management and strict supervision exercised by the committee, and hoped that it might prove a great boon to the parishes interested. They had secured the services of an able matron, and he moved a vote of thanks.

Mr. R. Smillie, (Larkhall) replied, observing that people thought the reign of angels was past, but they were still occasionally to be found, and more frequently in the wards of a hospital or a similar institution than anywhere else. He was always a great admirer of the fairer sex, because more of their number in all grades of society devoted their lives to alleviate suffering humanity. Miss Stevenson had won a reputation as an efficient nurse second to none, and he hoped she would be long spared to enjoy her

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position. On her behalf, and that of the staff, he thanked them for the compliment.

There were upward of 50 gentlemen present, including Mr. Dobson, sanitary inspector; Mr. Stewart, and his assistant; and Dr. McLean, lately appointed medical attendant to the hospital. Mrs. Wilson, the county doctor's wife, was also present, and inspected the hospital. The cost, as stated by the chairman, will be between £5000 and £6000."

Excerpt from the Hamilton Advertiser, 17th January, 1896
You can read more about the Hospital's history and the people that have worked here, in the forthcoming Centenary Commemorative Booklet.

Welcome to the Centenary Telegram, a one-off publication intended to provide our readers with up to date information on Centenary Events.

Centenary Day is 9th January, 1996 and events will continue through the year to culminate in a Centenary Gala Day in June, 1996.

We have included in this issue a list of funds raised by departments through Centenary events. We would like to assure our readers that all funds raised, incidentally from events will go to promoting the Centenary through functions such as the Centenary Patients' Party Day. The Centenary is not foremost about raising funds but rather a celebration of the hospitals' contribution to local health services.

The Centenary Ceilidh for Staff, which is to be held at the Strathaven Hotel on the 12th January, 1996 is being subsidised by the Trust Board. This event is a staff celebration of the Hospital's 100th Birthday and we hope that you will support it.

The Centenary Committee

Centenary Committee Members:

Mr. S.J. Soper	Hospital Administrator
Mrs. S. Bell	Non Executive Trust Board Member.
Mr. J. Wood	Chairman, Auxilliary Association
Mrs. H. Milne	Senior Nurse
Miss E. McCarroll	Superintendent Radiographer
Mrs. E. McGough	Ward Sister
Miss H. Aitken	Patient Funds Officer
Mrs. E. Smith	Retired Member of Staff
Mrs. H. Hodge	Retired Member of Staff

NURSES' TIME TABLE - 1896

Times have changed since the first patients were treated at the hospital and so has the role of nurses. In 1896 nurses (most of whom were resident in the hospital) worked (and lived) to a timetable set by the District Medical Officer and we have reproduced this below:

NIGHT NURSES

Rise	8.00p.m.
Supper	8.30p.m.
On Duty	9.00p.m.
Breakfast	8.00a.m.
Off Duty	9.00a.m.
Dinner	12 noon
Bed	1.00p.m.

DAY NURSES

	Probationers	Charge Nurse
Rise	6.30a.m.	7.00a.m.
Breakfast	7.00a.m.	7.30a.m.
On Duty	7.30a.m.	8.00a.m.
Dinner	12 noon	12.30p.m.
Tea	4.00p.m.	4.30p.m.
Supper	8.30p.m.	8.00p.m.
Off Duty	8.30p.m.	9.30p.m.

In Bed, and Lights out, 10.30p.m.

THE HOURS OFF DUTY SHALL BE -

Charge Nurses - Monday and Thursday from 1pm till 3pm and every second Sunday from 9am till 2pm

Probationers - Tuesday and Friday from 1pm till 3pm; and every second Sunday from 9am till 2pm

Night Nurse - Tuesday and Friday from 9pm till 11pm; and every second Sunday from 9am till 2pm

Charge and Staff Nurses shall be allowed an annual holiday of three weeks, and Probationers two weeks. All Nurses shall have leave of absence for four hours each week, and for half a day each alternate Sunday; Also one clear day once a month, as the Matron may arrange.

THANK YOU

We would like to thank those individuals, wards and departments who have contributed to the success of the Centenary Celebrations.

Mr. & Mrs. Crawford	Donation	£ 10.00
Mrs. Barrett	Donation	£ 50.00
Mrs. Hodge	Donation	£ 10.00
Mr. McWilliams	Donation	£ 5.00
X-ray Dept.	Ceiliidh	£324.50
Ward 3	Karaoke	£577.00
Gen. Administration	Quiz	£117.60
Ward 13	Quiz	£331.19
Ward 6	Disco	£516.04
Ward 6	Quiz	£ 66.50
Medical Records	Disco	£ 30.00
Ward 1	Disco	£295.50
Ward 4	Coffee Evening	£224.20
Laboratory	Car Treasure Hunt	£ 62.00

We would also like to thank those wards and departments who have tirelessly sold centenary commemorative items. As has been indicated from the start of the centenary celebrations, any funds that are surplus will be used to the exclusive benefit of Stonehouse Hospital. This will include subsidising the centenary booklet to help make it more affordable for staff, patients and relatives to purchase.

ADVERTISEMENT

**PURCHASE A
SPECIAL
MEMENTO OF
THE 100 YEARS
CELEBRATION
AT
STONEHOUSE
HOSPITAL
FROM AS LITTLE
AS 60P**

Bookmarks	70p
Key Rings	70p
Pens	60p
Mugs	£2.75
Recipe Books	£3.00
Badges	£3.60

(Badges available in Green and Blue for staff qualified from Stonehouse Hospital College of Nursing and Logo Badges for Auxilliaries and other staff and friends of the hospital).

Sweat Shirts £10.00
(Order Forms available from General Office)

BUY NOW FOR CHRISTMAS



Memories from the Past

We have received many articles for the Centenary Booklet from past and present staff, we received this article from Mr. Ian Hyslop who was Principal Pharmacist from 1969 to 1993, Mr. Hyslop died suddenly a few weeks ago, and he will be missed by friends and former colleagues at the hospital.

We have reproduced Mr. Hyslop's article below and I am sure it will bring back memories to many staff.

My immediate predecessor was the late John Whannell (1947 to 1969) who left to take over the local retail pharmacy. Prior to Mr. Whannell was a Mrs. Chalmers who left to work in Rhodesia.

Up until 1960, the department was required to service the other eight hospitals administered by the Board of Management for Motherwell/Hamilton and

District Hospitals - a total of 1100 beds. Obviously larger premises were required and the department moved to its present location and the staff increased to 3 Pharmacists, 4 Technicians, 2 Assistants, 1 Storekeeper and 1 Clerksess.

the porter came in and asked for 'the goat hoose key'

I remember well my first day in Stonehouse Hospital, I had just introduced myself to the staff when a porter came in and asked for "the goat hoose key." The surprised look on my face brought forth howls of laughter from the staff, one of whom then explained what to me was a strange request, - in days gone by when Stonehouse was a Tuberculosis Hospital and it was essential

to give patients goat's milk, the goat was kept in a small brick structure opposite Pavilion 2, (this is now Medical Records Department). After the "conquest" of tuberculosis and the subsequent "redundancy" of the goat, Mr. Whannell used the "goat-hoose" as a store for inflammable liquids. It was the porters duty to deliver the inflammables as required. Hence the request for the "goat-hoose key."

I have related the above to many people, their reactions were amusement or amazement or laughter or disbelief.

Perhaps Mr. Whannell and myself were the only pharmacists ever required to have custody of a "goat-hoose key."

ONE STEP FORWARD - STONEHOUSE HOSPITAL VOLUNTEERS

The history of Stonehouse is one of community involvement. There is a long-standing tradition of volunteers (groups and individuals) supporting the hospital through the years and the Centenary Committee would like to take this opportunity to thank everyone involved.

Foremost amongst the volunteers associated with the hospital are the Auxilliary Association who have been responsible for many events, donations and projects that have improved the caring environment for patients.

Many other clubs, volunteers and charities have, over the years, contributed to the hospital and we would like to thank those listed below. Inevitably we will have not named everyone who has given of their time through the years, however the generosity and support of all volunteers is very much appreciated:

- Rangers Supporters Club
- Bethany Group
- Ward 4 volunteers
- Ward 5 volunteers
- Ward 6 volunteers
- Dungavel Prison
- C.R.A.S.H.
- D.A.S.H.
- Community Council
- Low Waters Gospel Hall
- Local Churches
- Local Schools
- Covenanters Group

Thank you all.

CENTENARY COOKS CORNER

BANANA MUFFINS

- | | |
|--------------------------|-----------------------------|
| 1½ Cups plain flour | ½ teaspoon ginger |
| ½ teaspoon cloves | ½ teaspoon nutmeg |
| 2 teasp. heaped cinnamon | 1 teasp. heaped baking soda |
| | sieve altogether |
| 1 cup brown sugar | 1 egg |
| ½ cup cooking oil | 2 good sized ripe bananas |
| 1 tablesp. hot water | raisins to taste |
| walnuts if desired | |

Mash bananas finely, add oil, sugar and egg, beat all together.

Add sieved dry ingredients to wet and then add a large tablespoon hot water.

Divide into deep muffin or patty tins and bake at 200C, 375F for 15 to 20 minutes.

This recipe was supplied by Mrs. M.M. Barr, who retired in 1984 as Senior Nursing Officer.

There are more recipes for you to try in the Centenary Cookery Book which will be on sale soon at a cost of £3.00

Place your order at the General Office as there is a limited supply.

SOCIAL DIARY

BLIND AWARENESS DAY



For many years the Ophthalmic Unit at Stonehouse Hospital has played a major part in healthcare in the West of Scotland. As part of the Centenary Celebrations Ward 9 is staging a Blind Awareness Day to coincide with the anniversary of Stonehouse Hospital.

The Blind Awareness Day will take place on Wednesday, 14th February, 1996, in the Classroom at the Nurses' Home.

The main reason for promoting Blind Awareness Day is to make staff and the public aware of resources, aids and benefits available to the partially sighted and blind. Sometimes it can take up to one year before a person registered partially sighted or blind is assessed by the Social Work Department, so this knowledge is vital. It promotes independence and enables patients to enjoy a full life and to remain within the community. This improves patient care by enabling the nurse to become a source of knowledge.

The exhibition will include a 22 feet mobile display of aids for daily living for the blind and partially sighted. Dennis Robertson who is the Rehabilitation Co-ordinator for the Blind will be in attendance as well, along with a Social Worker for the blind, representatives from McPherson House, (Guide Dogs), British Diabetic Association, Royal National Institute for the Blind, Nursing Staff, Medical Staff, Orthoptists and many others.

We look forward to a good representation from staff and friends of Stonehouse Hospital to come along and support this event.

EVENTS COMMITTEE

The centenary celebrations are being organised by the Centenary Committee which is made up of staff members past and present, as well as volunteers. Two other (sub) committees have been formed to assist in the centenary celebrations, the first of which was the Editorial Sub-Committee. This group will be writing and collating the Centenary Commemorative Booklet.

Recently an Events Sub-Committee was formed to organise the Centenary Gala Day and Exhibition to be held in June, 1996.

This is an important event for the local community as it is an opportunity to involve local people in the centenary celebrations.

Listed below are the staff and local volunteers who are on the committee.

Mrs. S. Bell	Non Executive Trust Board Member
Mrs. E. Smith	Retired Ward Sister
Staff Nurse E. Paterson	Ward 13
Staff Nurse J. Smith	Ward 13
Enrolled Nurse A. Sellars	Ward 6
Auxiliary I. Miller	Ward 6
Enrolled K. Black	Ward 5
Auxiliary Nurse J. Gilluley	Ward 11
Enrolled Nurse S. Liddle	Ward 9
Mrs. E. Crawford	Hospital Auxiliary Association
Mrs. & Mrs. F. McDermid	C.R.A.S.H.

PARTY FOR INPATIENTS

A Centenary party will be held for inpatients on Sunday, 7th January, 1996 at 2.00p.m. in the Physiotherapy Department at Stonehouse Hospital.

Afternoon tea will be served and the entertainment will be supplied by the Council for Music in Hospitals.

THANKSGIVING SERVICE



The hospital chaplains have organised a Centenary Thanksgiving Service in St. Ninian's Church, Stonehouse on Sunday, 14th January, 1996 at 3.00p.m.

We look forward to staff past and present, local people, ex-patients and friends from far and wide coming together at this service of Thanksgiving.

The Very Reverend Hugh Wylie (ex-Moderator of the Church of Scotland), and the Bishop of Motherwell the Right Reverend Joseph Devine are amongst the guests and our own hospital chaplains will be in attendance as well.

CELEBRATION CEILIDH

In response to the questionnaires sent out to all Stonehouse staff, a celebration ceilidh has been arranged for Friday, 12th January, 1996 in the Strathaven Hotel.

The music for this event will be supplied by the band 'Hot Toddy'.

In all, 500 questionnaires were issued and additional comments were received suggesting possible Centenary Day Events for staff. Every effort has been made to arrange an event which reflected the majority of staff member's wishes.

This event is being subsidised by the Trust Board. Tickets are available from the General Office at a cost of £5 each and must be paid when received.

No refunds of tickets will be available after the 22nd December, 1995.