

Centenary Telegram

MAY, 1996

Issue 2

THE EVENT OF THE CENTURY

'The event of the century' takes place on the afternoon of Saturday, 8th June, 1996 at Stonehouse Hospital.

The Centenary Committee together with Avon FM community radio, volunteers from the Hospital's staff and the local community have organised an OPEN DAY to mark the conclusion of the centenary celebrations.

What's planned?

Many different activities and attractions for staff, local people and families.

"A Centenary version of Euro '96 will be taking place in the form of a Fancy Dress Fun Football Competition."

Who'll be there?

Visitors from far and wide who can take this opportunity to celebrate the 100th birthday of Stonehouse Hospital.

So why should I go?

Simply to enjoy yourself. Staff and local people have been tremendously supportive of the centenary celebrations throughout the last 12 or so months. This open day is the culmination of our hospital centenary

celebrations and a way of saying 'thank you' to those who have supported the celebrations throughout.

What will I do with the kids!

There will be a wide variety of activities for kids including a bouncy castle, face painting and a balloon release. For younger kids there will be a creche facility with toys and games available.

The creche will be run by Boppers Nursery of Larkhall.

There will be a number of local bands playing throughout the afternoon.

A Centenary version of Euro '96 will be taking place in the form of a

Fancy Dress Fun Football Competition. Local pubs are participating in a tug o' war competition and other attractions include highland dancing and a display by the Boys' Brigade. One of the main features of the day will be a historical exhibition illustrating the long and proud history of the hospital. Come and join us on the day and bring your friends.

EDITORIAL

Welcome to the second issue of the Centenary Telegram. The original intention was to just have one issue however popular demand and the need to tell everyone about the many things happening, have resulted in a second.

Events have continued at pace through the year and we thank all of you for your continued support for the centenary celebrations, as they now approach their conclusion.

As previously stated the celebrations are not about raising money for the hospital but rather about celebrating the 100th birthday of Stonehouse Hospital. Any funds raised will be used to subsidise the commemorative booklet which will be on sale shortly.

The Centenary Open Day is to take place on Saturday, 8th June, 1996 and it is to be the culmination of the centenary celebrations.

We look forward to seeing you on the day!

The Centenary Committee

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Memories from the Past

The Centenary Commemorative Booklet will be published by 6th June, 1996. We received many articles for the booklet and would like to share some of them with you here.

We received this article from Mrs. Joan Sonnenstein who became a member of the Administration Staff in 1940.

I joined the staff of Stonehouse Hospital in September, 1940. My salary was £1 per week, which was considered a fair wage for a young girl of 18 years. My designation was "telephonist", but it should really have been "general dogsbody"

before I left the office the matron would say to me, "A nice smile and a cheery word" and off I would go to the wards.

as my jobs were many and varied. The switchboard was situated in a small office at the back of the main building which is now the Doctors' Residence. This room also served as a tea/coffee room for the Nursing Administration Staff and as matron's office. I should say at this point that food rationing was in operation and the rules were very strictly adhered to - so, that I did not get cups of tea or coffee when the maid brought in the silver tray, nor did I expect it. One of my jobs was to count the food coupons which were then sent to the local Food Office, I also checked the accounts against the orders. A job which I enjoyed was going round the military wards giving 10 cigarettes to each patient and also chatting with them - before I left the office to do this, the matron (Miss More) would say to me, "A nice smile and a cheery word" and off I would go to the wards.

Mrs. Sonnenstein returned to work at Stonehouse Hospital in February, 1972 and retired in 1984

Excerpts from a letter received from Eveline Warnecke (nee Sprotte) who trained at Stonehouse College of Nursing between 1949 and 1954.

Between 1949 and 1954 six German girls came to Stonehouse Hospital to carry out the Nurses' Training Course. Two left for home after 2 years and the others completed their training and passed their 'Finals'.

During my stay at Stonehouse Hospital from June 1950 to December, 1954 the matron was Miss Campbell, (always accompanied by a small dog when paying her visits).

In 1962 after some years out of nursing, raising my daughter, I returned to work at the Red Cross Hospital in my home town in Ger-

many. I was involved in teaching African Nurses who had come to Germany to do a nurse training course and who were not capable of understanding our language at first. I gave them my lecture books which I had brought home to Germany from the training school at Stonehouse. In time, all my African students went on to pass their exams and they returned to Africa to work as nurses.

I would like to wish Stonehouse Hospital all the best on its 100th birthday and I would like to give my kindest regards and best wishes to everybody who remembers me.

Mrs. Warnecke lives in Braunschweig, Germany.

Copies of the Centenary Booklet can be obtained through the Hospital's General Office, telephone 01698.794040

NURSES' REUNION

As part of the centenary celebrations a nurses' reunion will be held on Thursday, 6th June, 1996 at 7.30p.m. in the Hospital's Staff Dining Room. This evening is an opportunity for Registered and Enrolled Nurses, Auxiliaries and Ward Orderlies, who spent part of their career at the hospital, to get together.

Refreshments will be available and it is hoped that nurses from all over the country (and further afield) will attend in order to share memories of their time together.

Staff Nurse Jean Williamson, Ward 12 is the organiser of this event and together with Jean the Centenary Committee have made every effort to tell nurses past and present about this event. You can help by spreading the word to colleagues and friends. Notices have appeared

in the Nursing Times and the Nursing Standard, and it would be helpful if those who will be joining us on the day let us know by 'phoning 01698.794040 or 794055.

We hope nurses past and present will join with us in marking the Hospital's Centenary in this manner and we look forward to seeing you there.



Three of Stonehouse Hospital's nurses from years gone by. Do you recognise them? You will find the answer on Page 4.

CENTENARY CELEBRATIONS

The centenary celebrations have taken many forms including a highly successful vision awareness day (organised by ward 9), a number of discos, quizzes and even a car treasure hunt! Patients have participated in a centenary party and there has been a special concert to mark this event with an excellent performance from the Council of Music for Hospitals.

Two events in particular marked the 100th Birthday date (9th January, 1996). The first was a ceilidh at the Strathaven Hotel with all who attended being treated to a superb evenings entertainment from the 'Worlds Greatest Ceilidh Band' Hot Toddy.

The second event of the centenary weekend was an inter-denominational Thanksgiving Service at St. Ninian's Church, Stonehouse. Members of the clergy joined with staff (past and present), the local community and Trust Board representatives for a service that was both reflective and celebratory.

This service was recorded for those who could not attend and the cassettes are available from the General Office, (01698.794040) at a cost of £3 each. Our thanks to Mr. Duncan McKechnie for producing the tapes and to Emblem Records for their assistance.



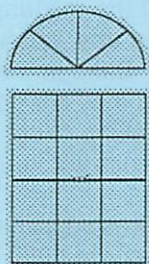
Smiles all round at the 'Ward 6 Centenary Quiz

THE BEST DRESSED DEPARTMENTAL DOOR OR WINDOW



You have probably noticed flyers going around the wards and departments announcing the "Best Dressed" Department/Ward Door or window. Several wards and departments have already registered to take part in the competition which will be judged on Saturday, 8th June during the Centenary Open Day.

You are free to choose your own theme for your door or window and entries already submitted include: Nursery Rhymes and Fairy Tales. Any theme will be satisfactory and we look forward to seeing the entries.



Cardboard is available from the General Office to assist in the decorating.

THANK YOU

Many of our readers will have seen or purchased some of the centenary promotional items on sale from the General Office. Some of you may have seen the various posters and flyers that have been issued throughout the celebrations. All these promotional items flyers and posters carry the logo of the centenary celebrations and the Centenary Committee would like to say a special 'thank you' to the designer of this logo, Enrolled Nurse Carol Russell (ward 3, Stonehouse Hospital).

As a gesture of our gratitude Carol has been gifted sweatshirts for herself and her daughter.

We hope you agree that she has done a wonderful job and deserves credit for the assistance she has provided in promoting the centenary.

CHILDREN'S COMPETITION

Local schools have joined in the celebrations for the centenary by holding a Centenary Competition. School children from Townhead and Newfield Schools will be invited to participate in the competition and there are different categories for different age groups.

The announcement of the winners will take place on Saturday, 8th June, 1996 during the Centenary Open Day celebrations at the hospital.

CARPET BOWLS COMPETITION

Patients from all wards are gearing up for a carpet bowls competition to be held as part of the centenary celebrations. The event kicks off on Wednesday, 5th June, in Ward 6, and we are reliably informed that competition is pretty fierce.



Our thanks go to Hartwood Hospital for lending us the carpet bowls. There will be a trophy awarded to the winner of this competition.

STONEHOUSE HOSPITAL BY GASLIGHT

While researching the Centenary booklet we had the pleasure of meeting the hospital's oldest member of staff Mrs. Elizabeth Monie, she commenced employment in 1919 as Dr. Sutherland's maid and then she became Matron Miss Thomson's maid. She left to be married and returned to work after the second world war as Matron Miss Campbell's maid.

Mrs. Monie, 95 years old, remembers walking to work from Larkhall on her first day because the trains were on strike! She intended to just work at the hospital for a month and stayed seven years. During her time at the hospital she was required to stay in the doctor's house and told us how her colleagues would heat their curling tongs using the gaslighting around the house and curl their hair.

Mrs. Monie retired in 1961 and is now resident in Avonhaugh Nursing Home.

ADVERTISEMENT CENTENARY ITEMS

SWEATSHIRTS	£10.00
POLO SHIRTS	£9.50
SKI HATS	£3.50
BOOKMARKS	70P
KEY RINGS	70P
PENS	60P
MUGS	£2.75
RECIPE BOOKS	£3.00
BADGES	£3.60

(Badges available in Green and Blue for staff qualified from Stonehouse Hospital College of Nursing and Logo Badges for Auxiliaries and other staff and friends of the hospital)
THANKSGIVING SERVICE TAPES
£3.00 each

**ALL ITEMS AVAILABLE FROM
THE GENERAL OFFICE
STONEHOUSE HOSPITAL**

ANSWER TO PHOTOGRAPH QUESTION ON PAGE 2

From left to right - Martha Hamilton, Eveline Sprotte and Ann Smillie (nee Watt)

CENTENARY COOKS CORNER

GINGER BISCUITS

8 ozs sugar	4 ozs golden syrup
4 ozs margarine	12 ozs S.R. flour
2 teaspoons ginger	¼ teaspoon cinnamon
1 level teaspoon bicarbonate of soda	
1 beaten egg	

Place sugar, syrup and margarine in a pan and melt over low heat.

Sift flour, spices and bicarbonate of soda in a bowl. Mix in the melted ingredients and add beaten egg, mix well. Roll teaspoonfuls of the mixture into small balls and place well apart on a greased tray. (an almond can be added to the middle of each ball). Bake in a moderate oven, regulo 4 for about 20 minutes until they are golden and crazed all over.

Leave on baking sheet for 1-2 minutes then cool on a wire tray. (Biscuits will keep for a month).

This recipe was supplied by Miss M. Mitchison, who retired as Nursing Officer in 1980 after 32 years service at Stonehouse Hospital.

There are more recipes for you to try in the Centenary Cookery Book which is on sale at the General Office at a cost of £3.00